

Attwood Business Consultancy Ltd

Chingford League - 5.M at Loughton - Saturday 23 October 2010

"Making things
as easy as"

Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
1		M	Enfield & Haringay	25.54
2		M	Orion	27.06
3		M	Victoria Park	27.12
4	1	M40	Woodford Green	27.23
5		M	Orion	27.27
6	2	M40	Barnet	27.31
7		M	Enfield & Haringay	27.42
8		M	Orion	27.58
9		M	Woodford Green	28.06
10		M	Guest	28.26
11	3	M50	Orion	28.29
12		M	Victoria Park	28.32
13		M	Woodford Green	28.44
14	4	M40	Orion	28.47
15		M	Woodford Green	28.50
16		M	Barnet	28.52
17	5	M40	Walthamstow	28.59
18	6	M40	Eton Manor	29.08
19	7	M40	Woodford Green	29.12
20	8	M40	Orion	29.13
21	9	M40	Walthamstow	29.16
22	10	M50	Barnet	29.19
23		M	Walthamstow	29.23
24		M	Victoria Park	29.26
25	11	M40	Trent Park	29.31
26		M	Victoria Park	29.37
27	12	M40	Orion	29.37
28	13	M40	Barnet	29.39
29		M	Barnet	29.49
30		M	Victoria Park	29.54
31		M	Orion	29.56
32	14	M40	Barnet	29.58
33		M	Victoria Park	30.02
34	15	M40	Trent Park	30.18
35	16	M40	Orion	30.19
36	17	M40	Barnet	30.28
37	18	M50	Orion	30.20
38	19	M50	Barnet	30.32
39		M	Orion	30.37
40		M	Woodford Green	30.38
41		M	Orion	30.40
42		M	Woodford Green	30.44
43	20	M40	Orion	30.52
44	21	M50	Barnet	30.57
45		M	Trent Park	31.00
46		M	Orion	31.09
47	22	M50	Orion	31.21
48		M	Walthamstow	31.31
49		M	Barnet	31.37
50		M	Enfield & Haringay	31.43
51	23	M50	Barnet	31.48
52	24	M40	Trent Park	31.53
53		M	Victoria Park	31.57
54		M	Orion	31.58
55	25	M40	Woodford Green	31.59
56		M	Victoria Park	32.01



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
57	26	Michael Martin	M40 Barnet	32.01
58	27	Declan Phelan	M50 Victoria Park	32.03
59	28	Giles Hopkinson	M40 Orion	32.06
60	29	Tim Butler	M40 Barnet	32.07
61	30	Quin Broadbent	M40 Orion	32.14
62	31	Adrian Frost	M50 Eton Manor	32.20
63	32	James Hart	M40 Orion	32.21
64	33	Chris Peter	M50 Walthamstow	32.39
65	34	Alistair Holford	M50 Woodford Green	32.40
66	35	Jerry Bryan	M50 Barnet	32.45
67	36	Paul Stockings	M40 Woodford Green	32.55
68		Stuart Colley	M Orion	32.59
69	37	Steve Murray	M50 Woodford Green	32.59
70	38	Roger Berry	M50 Walthamstow	33.01
71		Liam Mitchell	M Barnet	33.03
72		Chris Birkinshaw	M Barnet	33.04
73	39	John Andrews	M50 Orion	33.06
74		Michael Hunt	M Loughton	33.15
75	40	Jim Dawson	M40 Orion	33.18
76	41	Bill Bennett	M50 Orion	33.26
77		Dale Powell	M Enfield & Haringay	33.29
78	42	Stuart Manktelow	M40 Trent Park	33.31
79		Adham Essam	M Orion	33.34
80		Steve Dunn	M Eton Manor	33.41
81	43	Graham Hall	M40 Orion	33.46
82	44	Paul Mee	M40 Victoria Park	33.52
83	45	Colin Creer	M40 Trent Park	34.05
84		Luke Bowie	M Trent Park	34.07
85		Danny Digweed	M Barnet	34.08
86	46	Simon Broughton	M50 Enfield & Haringay	34.09
87	47	Steve Dodd	M50 Trent Park	34.12
88	48	Simon Deville	M40 Eton Manor	34.18
89		Daniel Hall	M Eton Manor	34.20
90	49	Ian Lambert	M50 Eton Manor	34.35
91	50	Steve Lambert	M40 Woodford Green	34.45
92		Gavin Harper	M Loughton	34.50
93		Ben Elsdale	M Victoria Park	35.00
94	51	Dave Daugirda	M40 Eton Manor	35.14
95	52	John Shirley	M50 Barnet	35.18
96	53	John Owen	M50 Barnet	35.23
97	54	Roger Green	M50 Woodford Green	35.41
98	55	Andrew Dodd	M40 Orion	35.50
99	56	Peter Bulaitis	M50 Orion	35.50
100	57	Tom Spanyol	M50 Woodford Green	35.55
101	58	Malcolm Allen	M50 Trent Park	35.58
102	59	Tony Maycraft	M50 Loughton	36.01
103	60	Martin Evans	M50 Victoria Park	36.04
104	61	Bob Jousiffe	M50 Orion	36.15
105	62	John Few	M50 Eton Manor	36.17
106		Edward Waller	M Eton Manor	36.27
107	63	Steve Bunce	M50 Orion	36.31
108	64	Clare Murphy	M40 Trent Park	36.40
109	65	Mick Green	M40 Trent Park	36.45
110	66	Andy Welsh	M50 Barnet	36.47
111	67	John Murphy	M40 Barnet	36.54
112	68	Roger Albury	M50 Eton Manor	37.26



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
113	69	John Hart	M50 Loughton	37.36
114	70	Dean Emery	M40 Orion	38.01
115	71	Paul Emery	M40 Orion	38.14
116	72	Grant Baker	M40 Orion	38.17
117		Alexander Conway	M Woodford Green	38.47
118	73	John Clarke	M50 Barnet	38.47
119	74	Lance Tabraham	M40 Eton Manor	39.03
120	75	Garry Bartlett	M50 Walthamstow	39.14
121	76	Simon Childs	M50 Loughton	39.36
122	77	George Georghiou	M50 Loughton	39.47
123	78	Patrick Robinson	M40 Eton Manor	39.51
124	79	Vic Wilson	M50 Woodford Green	40.01
125	80	Terry Wellard	M50 Walthamstow	40.07
126	81	Tony Hamilton	M50 Barnet	40.09
127	82	Mike Rosbrook	M50 Orion	40.16
128	83	Paul Robinson	M50 Orion	40.32
129	84	James Joy	M40 Trent Park	40.38
130		Scott Hurley	M Loughton	40.55
131	85	David Hobbs	M50 Loughton	40.56
132	86	Edward Kimber	M50 Barnet	41.01
133	87	Shaun Desouza Brady	M40 Loughton	41.18
134	88	Tom Everitt	M50 Eton Manor	42.17
135	89	Steve Timpson	M50 Orion	42.32
136	90	Glyn Sayer	M50 Eton Manor	42.42
137	91	Peter Deadman	M50 Orion	43.43
138	92	Alan Dickin	M50 Orion	53.05

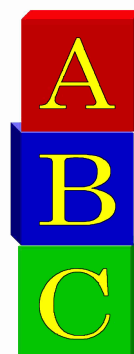


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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Women				
1		W	Woodford Green	31.01
2		W	Orion	31.16
3	1	W35	Victoria Park	31.44
4	2	W35	Barnet	32.15
5		W	Eton Manor	32.35
6	3	W35	Victoria Park	33.12
7		W	Victoria Park	33.15
8		W	Victoria Park	34.10
9		W	Enfield & Haringay	34.26
10	4	W35	Loughton	34.41
11		W	Woodford Green	35.05
12	5	W35	Barnet	35.10
13		W	Victoria Park	35.26
14		W	Woodford Green	35.36
15		W	Loughton	35.56
16		W	Orion	36.14
17		W	Woodford Green	36.24
18	6	W35	Orion	36.28
19		W	Woodford Green	36.33
20	7	W45	Trent Park	36.35
21		W	Trent Park	36.57
22	8	W35	Orion	37.04
23	9	W45	Orion	37.19
24	10	W45	Victoria Park	37.28
25		W	Loughton	37.32
26	11	W45	Loughton	37.53
27		W	Trent Park	38.13
28	12	W45	Orion	38.38
29	13	W45	Eton Manor	38.53
30	14	W45	Orion	39.04
31		W	Barnet	39.20
32	15	W45	Orion	39.24
33	16	W45	Loughton	39.41
34		W	Barnet	39.47
35		W	Loughton	39.56
36	17	W35	Victoria Park	40.00
37	18	W35	Eton Manor	40.01
38	19	W45	Eton Manor	40.16
39	20	W45	Victoria Park	40.19
40	21	W45	Orion	40.25
41	22	W45	Orion	40.48
42	23	W45	Orion	41.22
43	24	W45	Victoria Park	41.24
44	25	W35	Loughton	41.28
45	26	W45	Orion	41.31
46	27	W35	Victoria Park	41.36
47		W	Eton Manor	41.38
48	28	W45	Victoria Park	41.52
49		W	Loughton	41.54
50	29	W45	Barnet	42.16
51	30	W35	Eton Manor	42.39
52	31	W45	Orion	43.42
53	32	W45	Eton Manor	44.12
54	33	W35	Loughton	44.18
55	34	W45	Loughton	44.25
56	35	W35	Eton Manor	44.30



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Women				
57	36	Mary Murphy	W45 Victoria Park	44.36
58	37	Nicola Maggs	W35 Barnet	45.19
59	38	Christine Read	W45 Trent Park	45.43
60	39	Susan Leese	W35 Victoria Park	46.41
61	40	Christina Watson	W45 Eton Manor	46.48
62	41	Janet Bunce	W45 Orion	48.05
63	42	Michaela Davis	W35 Loughton	49.07
64	43	Mary Brown	W45 Barnet	50.41
65	44	Kirsty Johnstone	W45 Barnet	51.11
66	45	Francoise Fernandez	W45 Loughton	51.50

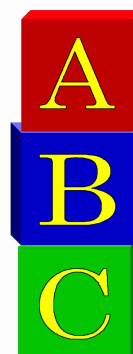


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Team Result



Position	Club	Points	League Points
Senior Men "A" Team			
1	Orion	57	10
2	Woodford Green	96	9
3	Victoria Park	123	8
4	Barnet	128	7
5	Walthamstow	237	6
6	Trent Park	311	5
7	Enfield & Haringay	356	4
8	Eton Manor	421	3
9	Loughton	445	2
Senior Men "B" Team			
1	Orion	204	10
2	Barnet	269	9
3	Woodford Green	383	8
4	Victoria Park	439	7
5	Trent Park	612	6
6	Eton Manor	653	5
7	Walthamstow	795	4
8	Loughton	805	3
Veteran Men			
1	Orion	138	10
2	Barnet	157	9
3	Woodford Green	274	8
4	Trent Park	353	7
5	Walthamstow	411	6
6	Eton Manor	451	5
7	Victoria Park	654	4
8	Loughton	716	3
9	Enfield & Haringay	775	2
Senior Women			
1	Victoria Park	61	10
2	Orion	109	9
3	Woodford Green	129	8
4	Loughton	144	7
5	Barnet	189	6
6	Eton Manor	207	5
7	Trent Park	261	4
8	Enfield & Haringay	344	3
Veteran Women			
1	Victoria Park	151	10
2	Orion	153	9
3	Loughton	222	8
4	Barnet	253	7
5	Eton Manor	264	6
6	Trent Park	347	5