

Attwood Business Consultancy Ltd

Chingford League - 5.K at Hog Hill - Tuesday 2 November 2010

"Making things
as easy as"

Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
1		M	Enfield & Haringay	16.38
2		M	Walthamstow	16.49
3	1	M40	Barnet	17.11
4		M	Enfield & Haringay	17.25
5		M	Orion	17.42
6		M	Barnet	17.52
7	2	M40	Barnet	18.08
8		M	Orion	18.15
9	3	M40	Walthamstow	18.23
10	4	M50	Barnet	18.27
11		M	Victoria Park	18.30
12	5	M40	Orion	18.30
13		M	Barnet	18.30
14		M	Victoria Park	18.32
15		M	Victoria Park	18.32
16		M	Orion	18.34
17		M	Trent Park	18.34
18	6	M40	Woodford Green	18.39
19	7	M40	Trent Park	18.44
20		M	Woodford Green	18.50
21		M	Barnet	18.53
22		M	Guest	19.03
23	8	M50	Orion	19.05
24		M	Victoria Park	19.07
25	9	M50	Barnet	19.08
26		M	Orion	19.16
27	10	M40	Orion	19.20
28	11	M40	Orion	19.26
29	12	M40	Victoria Park	19.27
30		M	Trent Park	19.29
31	13	M50	Barnet	19.29
32	14	M50	Barnet	19.33
33		M	Barnet	19.34
34		M	Enfield & Haringay	19.35
35	15	M40	Orion	19.35
36		M	Orion	19.35
37	16	M50	Orion	19.42
38		M	Enfield & Haringay	19.45
39	17	M40	Guest	19.46
40	18	M50	Eton Manor	19.46
41		M	Walthamstow	19.48
42	19	M40	Barnet	19.54
43		M	Victoria Park	19.57
44		M	Victoria Park	19.59
45	20	M40	Victoria Park	20.04
46		M	Orion	20.15
47	21	M40	Trent Park	20.19
48	22	M50	Walthamstow	20.22
49		M	Guest	20.28
50	23	M40	Victoria Park	20.31
51		M	Barnet	20.32
52	24	M40	Orion	20.35
53		M	Eton Manor	20.40
54	25	M40	Trent Park	20.45
55	26	M40	Trent Park	20.46
56	27	M40	Trent Park	20.50

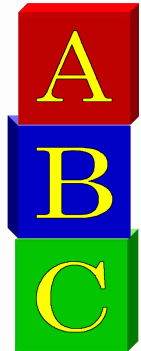


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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
57		M	Enfield & Haringay	20.52
58		M	Loughton	20.53
59	28	M50	Barnet	20.53
60	29	M40	Woodford Green	20.57
61		M	Trent Park	21.00
62		M	Trent Park	21.02
63	30	M40	Eton Manor	21.03
64	31	M50	Orion	21.05
65	32	M50	Woodford Green	21.16
66	33	M40	Orion	21.25
67	34	M40	Eton Manor	21.30
68	35	M50	Eton Manor	21.33
69	36	M40	Trent Park	21.46
70	37	M50	Orion	21.47
71	38	M40	Guest	21.54
72	39	M40	Woodford Green	22.00
73	40	M50	Trent Park	22.03
74	41	M40	Victoria Park	22.07
75	42	M40	Loughton	22.10
76	43	M50	Enfield & Haringay	22.14
77	44	M40	Trent Park	22.15
78	45	M50	Trent Park	22.17
79	46	M40	Orion	22.17
80	47	M50	Loughton	22.19
81	48	M40	Victoria Park	22.20
82	49	M40	Trent Park	22.24
83	50	M50	Orion	22.35
84	51	M40	Orion	22.35
85		M	Guest	22.42
86	52	M50	Eton Manor	22.43
87	53	M50	Walthamstow	23.14
88	54	M50	Loughton	23.27
89	55	M40	Orion	23.33
90		M	Guest	23.34
91	56	M40	Barnet	23.36
92	57	M50	Trent Park	23.39
93	58	M40	Eton Manor	23.47
94	59	M40	Orion	23.55
95	60	M50	Trent Park	24.05
96	61	M50	Barnet	24.21
97	62	M40	Trent Park	24.24
98	63	M50	Walthamstow	24.34
99	64	M40	Orion	24.38
100	65	M50	Loughton	24.50
101		M	Loughton	24.59
102	66	M50	Guest	25.07
103	67	M50	Walthamstow	25.12
104	68	M50	Loughton	25.15
105	69	M50	Loughton	25.28
106	70	M50	Barnet	25.42
107	71	M40	Woodford Green	25.44
108	72	M40	Guest	25.46
109		M	Loughton	25.46
110		M	Loughton	25.48
111	73	M40	Victoria Park	25.51
112	74	M50	Trent Park	26.01

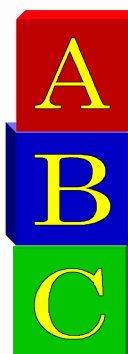


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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
113	75	Shaun Desouza Brady	M40 Loughton	26.02
114	76	Edward Kimber	M50 Barnet	26.19
115	77	Ian Russell	M50 Walthamstow	26.33
116	78	Steve Timpson	M50 Orion	27.01
117	79	Joe Kandekore	M40 Trent Park	27.07
118	80	Glyn Sayer	M50 Eton Manor	27.16
119	81	Peter Deadman	M50 Orion	27.55
120	82	Brian Chapman	M50 Loughton	28.42
121	83	Simon Cooper	M50 Barnet	29.16
122	84	Julian Tovey	M50 Barnet	30.15
123		Mark Hughes	M Trent Park	30.15
124	85	Alan Dickin	M50 Orion	32.02
125	86	Robert Maggio	M50 Eton Manor	37.40



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Women				
1		W	Orion	19.50
2	1	W35	Barnet	20.17
3		W	Eton Manor	20.27
4	2	W35	Victoria Park	20.38
5	3	W35	Victoria Park	20.56
6		W	Woodford Green	20.57
7	4	W45	Trent Park	21.02
8		W	Victoria Park	21.50
9		W	Loughton	21.51
10	5	W35	Loughton	21.58
11		W	Woodford Green	22.27
12	6	W35	Trent Park	22.35
13	7	W45	Orion	22.39
14		W	Trent Park	22.54
15		W	Eton Manor	23.15
16		W	Victoria Park	23.23
17		W	Trent Park	23.32
18	8	W35	Orion	23.34
19		W	Barnet	23.43
20		W	Loughton	23.45
21	9	W35	Trent Park	23.54
22	10	W45	Victoria Park	24.12
23	11	W35	Victoria Park	24.14
24	12	W45	Trent Park	24.36
25	13	W45	Orion	24.54
26	14	W35	Guest	24.55
27		W	Loughton	25.04
28	15	W35	Victoria Park	25.14
29	16	W45	Orion	25.20
30	17	W35	Victoria Park	25.28
31		W	Loughton	25.54
32	18	W35	Woodford Green	26.00
33	19	W35	Loughton	26.26
34	20	W45	Orion	26.49
35	21	W45	Victoria Park	27.03
36	22	W45	Loughton	27.23
37	23	W35	Eton Manor	27.24
38	24	W35	Loughton	27.30
39	25	W45	Loughton	27.33
40	26	W45	Orion	27.39
41		W	Trent Park	27.48
42		W	Loughton	28.21
43	27	W45	Barnet	28.28
44	28	W45	Eton Manor	28.49
45	29	W35	Loughton	29.14
46	30	W45	Eton Manor	29.23
47	31	W35	Victoria Park	29.44
48	32	W45	Trent Park	29.53
49	33	W45	Loughton	31.27
50	34	W45	Eton Manor	32.23

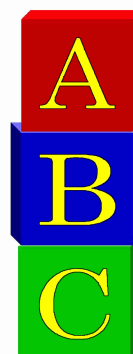


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Team Result



Position	Club	Points	League Points
Senior Men "A" Team			
1	Barnet	60	10
2	Orion	88	9
3	Victoria Park	132	8
4	Enfield & Haringay	201	7
5	Trent Park	213	6
6	Walthamstow	270	5
7	Woodford Green	325	4
8	Eton Manor	358	3
9	Loughton	474	2
Senior Men "B" Team			
1	Orion	202	10
2	Barnet	205	9
3	Trent Park	367	8
4	Victoria Park	378	7
5	Loughton	615	6
6	Eton Manor	668	5
7	Walthamstow	675	4
Veteran Men			
1	Barnet	105	10
2	Orion	157	9
3	Trent Park	286	8
4	Victoria Park	368	7
5	Eton Manor	395	6
6	Woodford Green	423	5
7	Walthamstow	432	4
8	Loughton	519	3
9	Enfield & Haringay	662	2
Senior Women			
1	Victoria Park	78	10
2	Trent Park	95	9
3	Orion	118	8
4	Loughton	127	7
5	Eton Manor	191	6
6	Woodford Green	192	5
7	Barnet	213	4
Veteran Women			
1	Victoria Park	110	10
2	Orion	156	9
3	Trent Park	161	8
4	Loughton	196	7
5	Barnet	244	6
6	Eton Manor	273	5
7	Woodford Green	275	4