

# Attwood Business Consultancy Ltd

Chingford League - 5.K at Hog Hill - Tuesday 5 October 2010

*"Making things  
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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Men</b>				
1		M	Enfield & Haringay	16.31
2		M	Walthamstow	16.51
3		M	Orion	17.01
4		M	Orion	17.04
5	1	M40	Barnet	17.15
6	2	M40	Barnet	17.32
7		M	Orion	17.44
8	3	M40	Trent Park	17.56
9	4	M50	Barnet	18.11
10		M	Victoria Park	18.17
11		M	Barnet	18.18
12		M	Orion	18.21
13	5	M50	Barnet	18.21
14		M	Orion	18.23
15		M	Barnet	18.28
16		M	Orion	18.33
17	6	M40	Walthamstow	18.36
18		M	Victoria Park	18.44
19	7	M40	Woodford Green	18.44
20		M	Victoria Park	18.48
21		M	Walthamstow	18.49
22	8	M40	Eton Manor	18.57
23	9	M40	Orion	19.03
24	10	M50	Orion	19.06
25	11	M40	Trent Park	19.19
26		M	Walthamstow	19.24
27		M	Trent Park	19.26
28	12	M50	Barnet	19.26
29		M	Orion	19.29
30	13	M40	Eton Manor	19.30
31	14	M50	Eton Manor	19.33
32		M	Walthamstow	19.53
33		M	Orion	19.54
34		M	Barnet	19.54
35		M	Trent Park	19.57
36		M	Barnet	19.58
37	15	M40	Orion	19.59
38	16	M50	Orion	20.07
39	17	M40	Trent Park	20.15
40		M	Eton Manor	20.19
41	18	M40	Trent Park	20.27
42	19	M40	Trent Park	20.32
43		M	Loughton	20.39
44		M	Guest	20.41
45		M	Victoria Park	20.43
46		M	Barnet	20.47
47	20	M40	Orion	20.51
48	21	M50	Barnet	20.54
49	22	M50	Orion	20.57
50	23	M40	Orion	21.19
51	24	M40	Eton Manor	21.21
52		M	Enfield & Haringay	21.24
53		M	Eton Manor	21.26
54	25	M50	Woodford Green	21.28
55	26	M50	Walthamstow	21.28
56	27	M40	Orion	21.32



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Men</b>				
57	28	Rob Patterson	M40 Walthamstow	21.32
58	29	John Flannery	M40 Trent Park	21.32
59	30	Bob Jousiffe	M50 Orion	21.38
60	31	Paul Ward	M40 Trent Park	21.40
61	32	Graham Hall	M40 Orion	21.47
62	33	John Andrews	M50 Orion	21.51
63	34	Dave Daugirda	M40 Eton Manor	21.54
64		Glen Gosling	M Orion	22.02
65	35	Tony Maycraft	M50 Loughton	22.06
66	36	Alan Godbold	M40 Orion	22.09
67		Luke Bowie	M Trent Park	22.13
68	37	Martin Evans	M50 Victoria Park	22.19
69	38	John Shirley	M50 Barnet	22.19
70	39	Mick Green	M40 Trent Park	22.29
71	40	Glenn Reader	M50 Enfield & Haringay	22.36
72	41	John Few	M50 Eton Manor	22.40
73	42	Bernie Dawson	M40 Orion	22.40
74	43	Richard Hogg	M40 Woodford Green	22.42
75	44	Martin Cullen	M40 Trent Park	22.43
76	45	John Owen	M50 Barnet	22.47
77	46	Peter Bulaitis	M50 Orion	22.54
78		Ian Hunter	M Guest	22.58
79	47	Barry Cook	M50 Enfield & Haringay	23.09
80	48	John Murphy	M40 Barnet	23.16
81		Paul Regan	M Loughton	23.33
82	49	Grant Baker	M40 Orion	23.34
83	50	John Hart	M50 Loughton	23.51
84	51	Paul Emery	M40 Orion	23.52
85	52	John Clarke	M50 Barnet	23.59
86	53	Peter Goldfinch	M50 Trent Park	24.02
87	54	Simon Childs	M50 Loughton	24.03
88		Andrew Jackson	M Guest	24.03
89	55	Garry Bartlett	M50 Walthamstow	24.22
90	56	Malcolm Allen	M50 Trent Park	24.27
91	57	Stelios Gopoulos	M50 Trent Park	24.39
92	58	Peter Spelman	M50 Orion	24.46
93	59	Lance Tabraham	M40 Eton Manor	24.47
94	60	Duncan Bensted	M40 Trent Park	25.05
95	61	Jeff Fowler	M50 Walthamstow	25.08
96	62	Mark Kalinauckas	M50 Guest	25.22
97	63	David Hobbs	M50 Loughton	25.31
98	64	Malcolm Blackwood	M50 Trent Park	25.37
99	65	Edward Kimber	M50 Barnet	25.54
100	66	Steve Timpson	M50 Orion	26.24
101	67	Shaun Desouza Brady	M40 Loughton	26.27
102	68	Adrian Day	M50 Trent Park	26.32
103	69	Glyn Sayer	M50 Eton Manor	26.44
104	70	Ian Russell	M50 Walthamstow	26.55
105	71	John Ryan	M50 Loughton	27.29
106	72	Peter Deadman	M50 Orion	27.45
107		Deryl Bowles	M Barnet	27.58
108	73	Alan Dickin	M50 Orion	31.44
109	74	Charles Dadey	M50 Trent Park	33.18

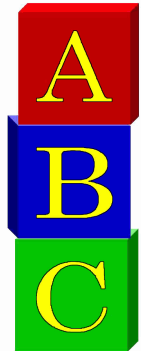


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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Women</b>				
1		W	Orion	20.03
2	1	W35	Barnet	20.12
3		W	Eton Manor	20.47
4	2	W45	Eton Manor	21.39
5	3	W35	Loughton	21.52
6		W	Guest	22.00
7		W	Loughton	22.02
8		W	Orion	22.16
9	4	W45	Orion	22.38
10		W	Woodford Green	22.43
11	5	W45	Trent Park	22.50
12	6	W35	Trent Park	22.58
13	7	W45	Orion	23.13
14		W	Barnet	23.14
15		W	Eton Manor	23.19
16		W	Barnet	23.23
17		W	Trent Park	23.44
18		W	Orion	23.47
19		W	Loughton	24.13
20	8	W45	Orion	24.23
21	9	W45	Loughton	24.32
22	10	W45	Orion	24.37
23	11	W45	Loughton	24.45
24	12	W35	Victoria Park	24.53
25	13	W45	Orion	24.54
26	14	W45	Orion	24.56
27	15	W35	Guest	25.08
28	16	W45	Trent Park	25.26
29	17	W45	Orion	25.32
30	18	W45	Orion	25.33
31		W	Eton Manor	25.47
32	19	W35	Loughton	25.59
33	20	W35	Orion	26.01
34		W	Barnet	26.12
35		W	Barnet	26.40
36	21	W35	Trent Park	27.09
37	22	W45	Trent Park	27.16
38	23	W35	Eton Manor	27.25
39		W	Loughton	27.34
40	24	W45	Orion	27.40
41	25	W45	Loughton	27.45
42	26	W35	Barnet	27.57
43	27	W45	Loughton	28.00
44	28	W35	Eton Manor	29.01
45	29	W45	Eton Manor	29.18
46	30	W45	Trent Park	29.28
47	31	W45	Trent Park	29.31
48	32	W35	Loughton	30.46
49	33	W45	Loughton	32.34
50	34	W45	Loughton	32.42
51	35	W45	Loughton	33.35



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Under 13 Boys</b>				
1		U13B	Woodford Green	6.26
2		U13B	Orion	6.35
3		U13B	Orion	6.36
4		U13B	Orion	6.38
5		U13B	Orion	6.38
6		U13B	Trent Park	6.38
7		U13B	Trent Park	6.38
8		U13B	Trent Park	6.42
9		U13B	Orion	6.45
10		U13B	Trent Park	6.53
11		U13B	Trent Park	7.00
12		U13B	Trent Park	7.06
13		U13B	Victoria Park	7.09
14		U13B	Orion	7.09
15		U13B	Trent Park	7.10
16		U13B	Orion	7.21
17		U13B	Woodford Green	7.32
18		U13B	Trent Park	7.32
19		U13B	Orion	7.44
20		U13B	Orion	8.35
21		U13B	Orion	9.48

<b>Under 13 Girls</b>				
1		U13G	Trent Park	6.33
2		U13G	Victoria Park	6.37
3		U13G	Orion	6.51
4		U13G	Orion	6.56
5		U13G	Orion	7.07
6		U13G	Orion	7.19
7		U13G	Orion	7.26
8		U13G	Trent Park	7.28
9		U13G	Woodford Green	7.35
10		U13G	Orion	7.39
11		U13G	Trent Park	7.49
12		U13G	Orion	7.50
13		U13G	Orion	7.51
14		U13G	Barnet	7.51
15		U13G	Woodford Green	7.53
16		U13G	Loughton	8.39
17		U13G	Loughton	8.46
18		U13G	Trent Park	8.46
19		U13G	Woodford Green	8.58
20		U13G	Orion	9.57

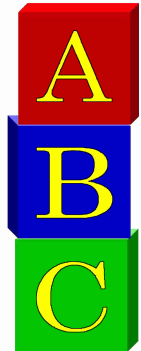


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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Under 15 Boys</b>				
1	George Hoy	U15B	Orion	10.44
2	Cheyenne Antoine-Chagar	U15B	Orion	11.13
3	Jack Waller	U15B	Orion	11.19
4	Matthew Boyce	U15B	Orion	11.27
5	Faiz Bapikee	U15B	Orion	11.41
6	Elliot Joseph	U15B	Woodford Green	12.07
7	Mac Argent-Bowie	U15B	Trent Park	12.37
8	George Mccormick	U15B	Trent Park	12.41
9	Alex Mckerrell	U15B	Orion	12.49
10	Daniel Wellard-Jeffs	U15B	Orion	12.52
11	Liam Broster	U15B	Trent Park	13.26
12	Ferdie Lyons	U15B	Woodford Green	13.32
13	Samuel Glynn	U15B	Orion	13.34
14	Zachariah Hall	U15B	Orion	13.39
<b>Under 15 Girls</b>				
1	Georgia Tuckfield	U15G	Orion	11.09
2	Sydney Taylor	U15G	Orion	12.27
3	Heather Marshall	U15G	Orion	12.48
4	Anna Clark	U15G	Loughton	12.56
5	Bethan Turner	U15G	Victoria Park	13.26
6	Stephanie Smith	U15G	Woodford Green	14.21
7	Paris Walker	U15G	Victoria Park	14.23
8	Jessica Edwards	U15G	Woodford Green	16.26
<b>Under 17 Men</b>				
1	Sam Benge	U17M	Woodford Green	10.39
2	Ben Silverstone	U17M	Orion	10.41
3	Lorcan Murphy	U17M	Woodford Green	10.42
4	Sean Kenny	U17M	Woodford Green	10.44
5	Reece Ballett	U17M	Trent Park	10.47
6	Ryan Dunne	U17M	Woodford Green	10.50
7	Alex Gordon	U17M	Orion	11.11
8	Alberic Hall	U17M	Orion	11.19
9	Alex Green	U17M	Trent Park	11.24
10	James Mccormick	U17M	Barnet	11.44
11	Timothy Carter	U17M	Orion	12.04
12	Andreas Vassilou	U17M	Trent Park	12.11
13	Buddy Green	U17M	Orion	12.45
14	Yiannis Gupoulous	U17M	Trent Park	12.55
15	Joseph Glynn	U17M	Orion	14.13
16	Nathaniel Glynn	U17M	Orion	14.46
<b>Under 17 Women</b>				
1	Armani Antoine-Chagar	U17W	Orion	11.59
2	Claire Huggins	U17W	Orion	12.38
3	Jess Prior	U17W	Trent Park	13.01
4	Melissa Timpson	U17W	Orion	17.24

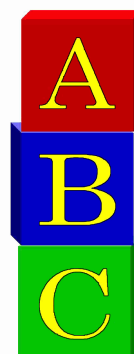


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## Team Result



Position	Club	Points	League Points
<b>Senior Men "A" Team</b>			
1	Orion	56	10
2	Barnet	59	9
3	Walthamstow	152	8
4	Trent Park	175	7
5	Eton Manor	225	6
6	Victoria Park	265	5
7	Enfield & Haringay	411	4
8	Loughton	445	3
9	Woodford Green	463	2
<b>Senior Men "B" Team</b>			
1	Orion	184	10
2	Barnet	258	9
3	Trent Park	367	8
4	Eton Manor	534	7
5	Walthamstow	546	6
6	Loughton	622	5
<b>Veteran Men</b>			
1	Barnet	108	10
2	Trent Park	212	9
3	Orion	216	8
4	Eton Manor	266	7
5	Walthamstow	411	6
6	Woodford Green	463	5
7	Loughton	521	4
8	Enfield & Haringay	571	3
9	Victoria Park	597	2
<b>Senior Women</b>			
1	Orion	64	10
2	Loughton	101	9
3	Eton Manor	128	8
4	Trent Park	132	7
5	Barnet	135	6
6	Woodford Green	259	5
7	Victoria Park	273	4
<b>Veteran Women</b>			
1	Orion	109	10
2	Loughton	157	9
3	Trent Park	160	8
4	Eton Manor	225	7
5	Barnet	242	6
6	Victoria Park	273	5
<b>Under 17 Men</b>			
1	Woodford Green	14	10
2	Orion	28	9
3	Trent Park	40	8
<b>Under 17 Women</b>			
1	Orion	12	10
2	Trent Park	18	9

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## **Under 15 Boys**

1	Orion	10	10
2	Trent Park	41	9
3	Woodford Green	48	8

## **Under 15 Girls**

1	Orion	15	10
2	Victoria Park	30	9
3	Loughton	31	8
4	Woodford Green	32	7

## **Under 13 Boys**

1	Orion	14	10
2	Trent Park	31	9
3	Woodford Green	62	8
4	Victoria Park	79	7

## **Under 13 Girls**

1	Orion	18	10
2	Trent Park	38	9
3	Woodford Green	64	8
4	Victoria Park	65	7
5	Loughton	75	6
6	Barnet	77	5

