

Attwood Business Consultancy Ltd

Chingford League - 5.M at Claybury - Saturday 27 November 2010

"Making things
as easy as"

Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
1		M	Woodford Green	27.04
2		M	Guest	27.42
3		M	Enfield & Haringay	27.49
4	1	M40	Barnet	27.51
5		M	Orion	28.00
6		M	Woodford Green	28.07
7		M	Woodford Green	28.12
8		M	Woodford Green	28.24
9		M	Woodford Green	28.27
10		M	Barnet	28.50
11		M	Victoria Park	28.52
12		M	Orion	29.05
13		M	Victoria Park	29.17
14		M	Woodford Green	29.22
15	2	M50	Orion	29.24
16	3	M40	Walthamstow	29.29
17		M	Guest	29.39
18		M	Barnet	29.42
19		M	Orion	29.59
20		M	Victoria Park	30.09
21		M	Orion	30.12
22		M	Victoria Park	30.13
23		M	Victoria Park	30.13
24	4	M40	Orion	30.18
25		M	Orion	30.28
26		M	Trent Park	30.33
27		M	Victoria Park	30.35
28	5	M50	Barnet	30.36
29		M	Woodford Green	30.39
30		M	Orion	30.39
31	6	M40	Orion	30.43
32	7	M50	Orion	30.49
33	8	M50	Barnet	30.50
34	9	M40	Orion	30.51
35		M	Woodford Green	30.53
36	10	M40	Orion	31.04
37	11	M40	Eton Manor	31.21
38	12	M40	Eton Manor	31.27
39	13	M40	Barnet	31.31
40		M	Guest	32.01
41	14	M50	Barnet	32.06
42		M	Barnet	32.09
43		M	Walthamstow	32.16
44		M	Orion	32.16
45		M	Barnet	32.27
46	15	M50	Orion	32.30
47		M	Trent Park	32.33
48	16	M40	Orion	32.35
49		M	Orion	32.38
50		M	Enfield & Haringay	32.49
51		M	Barnet	32.52
52		M	Victoria Park	32.53
53	17	M40	Orion	32.56
54		M	Trent Park	32.57
55	18	M40	Trent Park	32.58
56	19	M40	Barnet	33.00



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
57	20	Neil Swift	M40 Orion	33.06
58	21	Paul Chase	M50 Woodford Green	32.08
59		Rob Pithethly	M Victoria Park	33.19
60	22	Adrian Frost	M50 Eton Manor	33.23
61	23	Quin Broadbent	M40 Orion	33.34
62	24	David Birks	M40 Trent Park	33.39
63	25	John Rose	M40 Trent Park	33.43
64	26	Chris Peter	M50 Walthamstow	33.45
65	27	Michael Martin	M40 Barnet	33.46
66	28	Alistair Holford	M50 Woodford Green	33.48
67		Kirtis Greenaway	M Enfield & Haringay	33.49
68		Liam Mitchell	M Barnet	33.56
69	29	Colin Creer	M40 Trent Park	34.04
70	30	Jerry Bryan	M50 Barnet	34.28
71	31	Steve Murray	M50 Woodford Green	34.30
72	32	Bill Bennett	M50 Orion	34.42
73		Ben Gelister	M Trent Park	34.48
74	33	Paul Stockings	M40 Woodford Green	34.51
75		Danny Digweed	M Barnet	34.52
76	34	Steve Adams	M40 Eton Manor	34.53
77	35	Roger Berry	M50 Walthamstow	34.57
78		Daniel Hall	M Eton Manor	35.14
79	36	Steve Dodd	M50 Trent Park	35.22
80	37	Eddie Bayne	M40 London Heathside	35.45
81		Ben Elsdale	M Victoria Park	35.49
82		Mac Argent-Bowie	M Guest	35.49
83	38	Graham Hall	M40 Orion	36.04
84	39	Richard Hogg	M40 Woodford Green	36.20
85	40	Tom Spanyol	M50 Woodford Green	36.27
86	41	Phil Heron	M50 Orion	36.31
87		Michael Murphy	M Woodford Green	36.34
88	42	Martin Hockey	M40 Eton Manor	36.40
89	43	Neil Barnaby	M40 Enfield & Haringay	36.44
90	44	Charles Taylor	M50 Trent Park	36.54
91	45	Mick Green	M40 Trent Park	37.11
92	46	Dave Robinson	M50 Victoria Park	37.16
93	47	Tony Maycraft	M50 Loughton	37.39
94	48	Andy Welsh	M50 Barnet	37.49
95	49	John Owen	M50 Barnet	37.54
96		Ian Hunter	M Guest	37.58
97	50	John Murphy	M40 Barnet	38.21
98	51	Paul Emery	M40 Orion	38.34
99		Adam Thorpe	M Woodford Green	38.43
100	52	Paul Williams	M40 Orion	38.45
101	53	Duncan Rayney	M40 Loughton	39.19
102	54	Vic Wilson	M50 Woodford Green	39.31
103	55	Tim Tovey	M40 Loughton	39.45
104	56	John Clarke	M50 Barnet	40.03
105	57	Mike Carden	M50 Victoria Park	40.17
106	58	Roger Albury	M50 Eton Manor	40.22
107	59	Malcolm Allen	M50 Trent Park	40.32
108	60	Simon Childs	M50 Loughton	40.33
109	61	Mervyn Gilham	M50 Guest	40.39
110	62	Steve Bunce	M50 Orion	40.59
111	63	Garry Bartlett	M50 Walthamstow	41.09
112	64	David Hobbs	M50 Loughton	41.17

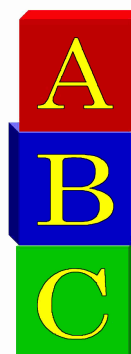


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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
113	65	Andy Wakefield	M40 Woodford Green	41.29
114	66	Edward Kimber	M50 Barnet	41.41
115	67	James Joy	M40 Trent Park	41.44
116		Dave Sawkins	M Trent Park	41.53
117	68	Grant Corton	M40 Woodford Green	42.12
118		Deryl Bowler	M Barnet	42.28
119	69	Andrzej Gajbutowicz	M50 Victoria Park	42.52
120	70	Steve Timpson	M50 Orion	43.03
121	71	Patrick Robinson	M40 Eton Manor	43.20
122	72	Tony Hamilton	M50 Barnet	43.30
123	73	Peter Spelman	M50 Orion	43.45
124	74	Alan Cathcart	M40 Victoria Park	44.02
125	75	Adrian Day	M50 Trent Park	44.10
126	76	Andrew Carter	M40 Orion	44.23
127	77	Bob Taylor	M50 Barnet	46.07
128	78	Charlie Crump	M50 Woodford Green	46.27
129	79	Glyn Sayer	M50 Eton Manor	47.51
130	80	Stuart Phillips	M50 Woodford Green	48.18
131	81	Peter Deadman	M50 Orion	49.30

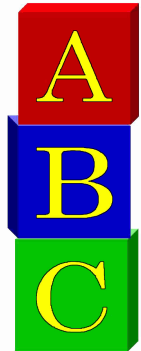


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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Women				
1	1	W35	Victoria Park	32.22
2	2	W35	Barnet	32.40
3		W	Eton Manor	33.12
4	3	W35	Victoria Park	34.06
5		W	Victoria Park	34.26
6		W	Woodford Green	34.39
7		W	Woodford Green	34.44
8	4	W45	Trent Park	35.03
9		W	Eton Manor	35.29
10	5	W35	Loughton	35.49
11		W	Woodford Green	36.05
12		W	Loughton	36.14
13	6	W35	Trent Park	36.29
14		W	Trent Park	36.31
15		W	Woodford Green	37.12
16		W	Trent Park	37.47
17	7	W45	Orion	38.05
18		W	Eton Manor	38.08
19		W	Loughton	38.21
20	8	W45	Loughton	38.40
21		W	Barnet	38.52
22	9	W45	Orion	39.39
23	10	W35	Woodford Green	39.46
24	11	W45	Trent Park	39.53
25	12	W45	Orion	40.21
26	13	W45	Orion	40.31
27	14	W45	Barnet	41.04
28		W	Barnet	41.31
29	15	W35	Victoria Park	41.37
30		W	Trent Park	42.13
31	16	W35	Loughton	42.18
32		W	Loughton	42.35
33		W	Victoria Park	43.07
34	17	W35	Orion	43.16
35		W	Eton Manor	43.34
36	18	W45	Victoria Park	43.45
37	19	W45	Orion	44.20
38	20	W35	Victoria Park	44.21
39	21	W35	Eton Manor	44.45
40	22	W35	Barnet	45.07
41	23	W45	Loughton	45.14
42	24	W35	Eton Manor	45.19
43	25	W45	Orion	45.48
44	26	W45	Loughton	46.17
45		W	Loughton	46.17
46	27	W35	Trent Park	46.33
47	28	W45	Eton Manor	47.35
48	29	W45	Orion	49.02
49	30	W35	Guest	49.42
50	31	W45	Loughton	49.51
51	32	W45	Trent Park	52.04
52	33	W45	Barnet	52.10
53	34	W45	Orion	54.04
54	35	W45	Barnet	56.45

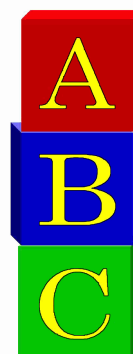


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Team Result



Position	Club	Points	League Points
Senior Men "A" Team			
1	Woodford Green	40	10
2	Orion	87	9
3	Victoria Park	106	8
4	Barnet	122	7
5	Trent Park	290	6
6	Eton Manor	360	5
7	Walthamstow	421	4
8	Enfield & Haringay	450	3
9	Loughton	618	2
10	London Heathside	707	1
Senior Men "B" Team			
1	Orion	176	10
2	Barnet	282	9
3	Woodford Green	317	8
4	Victoria Park	484	7
5	Trent Park	487	6
6	Eton Manor	717	5
Veteran Men			
1	Orion	161	10
2	Barnet	188	9
3	Eton Manor	386	8
4	Trent Park	399	7
5	Woodford Green	418	6
6	Walthamstow	507	5
7	Loughton	618	4
8	Victoria Park	671	3
9	London Heathside	707	2
10	Enfield & Haringay	715	1
Senior Women			
1	Trent Park	105	10
2	Victoria Park	108	9
3	Woodford Green	116	8
4	Loughton	124	7
5	Eton Manor	146	6
6	Orion	161	5
7	Barnet	169	4
Veteran Women			
1	Orion	161	10
2	Victoria Park	162	9
3	Loughton	195	8
4	Trent Park	195	7
5	Barnet	227	6
6	Eton Manor	290	5
7	Woodford Green	293	4